



September 6, 2018
Behavioral Health Advisory Board
Meeting Minutes

P.O. BOX 85524
San Diego, CA 92186-5524
(619) 563-2700 • FAX (619) 563-2775/2705

MEMBERS PRESENT

Che Hernandez – District 1
Joel San Juan – District 1
Bill Stewart – District 1
Rebecca Hernandez, 2nd Vice Chair – District 2
Michael Matthews – District 2
Jenifer Mendel, Chairperson – District 2
Mike Grattan – District 3
Ed Weiner – District 3
Jerry Hall, Member-at-Large (ADS) – District 4
John Sturm, 1st Vice Chair – District 4
Phil Deming – District 5
Richard McGaffigan, Member-at-Large (MH)–District 5
K.C. Strang – District 5

MEMBERS NOT PRESENT

Deanne George – District 3
Tom Behr – District 4
Judith Yates – District 4

STAFF TO THE BEHAVIORAL HEALTH ADVISORY BOARD

Alfredo Aguirre, Director, Behavioral Health Services (BHS)
Ben Parmentier, Administrative Analyst III, Behavioral Health Services

I. CALL TO ORDER

The Behavioral Health Advisory Board (BHAB) meeting was called to order by Jenifer Mendel, Chair, at 2:31 p.m. at the County Administration Center, 1600 Pacific Highway, San Diego, California 92101, Room 302.

II. INTRODUCTION OF BOARD MEMBERS

Members of BHAB introduced themselves.

III. APPROVAL OF THE MINUTES – August 2nd, 2018

ON MOTION of John Sturm, seconded by Bill Stewart, BHAB approved the minutes of August 2nd, 2018, as written.

AYES: 9 NAYS: 0 ABSTENTIONS: 2

IV. PUBLIC COMMENT

Justin Fatoohi, a concerned citizen, came before BHAB to discuss the dangers of benzodiazepine abuse and request a public educational campaign to teach the public about benzodiazepines.

V. PUBLIC HEARING: MHSA FY 2018-19 ANNUAL UPDATE

The BHAB meeting was opened for public comment on the MHSA FY 2018-19 Annual Update.

Gerard Barlow, from Recovery International, came before BHAB and discussed the benefits of MHSA funding including creating programs that provide mental health services and reduce stigma in the community.

VI. ACTION ITEM: MHSA FY 2018-19 ANNUAL UPDATE BOARD LETTER

Adrienne Yancey, MHSA Coordinator, Behavioral Health Services

Adrienne Yancey came before BHAB to present the MHSA Annual Update for FY 2018-19 and discuss the items funded by MHSA.

ON MOTION of John Sturm, seconded by Michael Matthews, BHAB voted to support the MHSA FY 2018-19 Annual Update Board Letter on September 6th, 2018, as written.

AYES: 13 NAYS: 0 ABSTENTIONS: 0

DISCUSSION:

Q: For the programs that use MHSA funds, are there formal evaluations of the programs?

A: UCSD conducts comprehensive annual reports and a 3 year report per State of California requirements. The reports are available publically.

VII. ACTION ITEM: STANDARD AGREEMENT FOR MENTAL HEALTH SERVICES BOARD LETTER

Alfredo Aguirre, Director, Behavioral Health Services

The Standard Agreement for Medi-Cal Specialty Mental Health Services Board Letter specifies the Federal and State service requirements that counties must meet through the Mental Health Plan (MHP) contract, and the requirements to be able to claim Federal Financial Participation revenues for the services provided.

ON MOTION of John Sturm, seconded by Michael Matthews, BHAB voted to support the Standard Agreement for Medi-Cal Specialty Mental Health Services board letter on September 6th, 2018, as written.

AYES: 13 NAYS: 0 ABSTENTIONS: 0

DISCUSSION:

None

VIII. ACTION ITEM: COMMUNITY VIOLENCE SERVICES BOARD LETTER

Alfredo Aguirre, Director, Behavioral Health Services

The Mental Health Services Act (MHSA) provides dedicated funding for the expansion of mental health services and prevention and early intervention services in California, which has included funding for community violence response teams designed to meet unique support needs after an incidence of violence. This board letter will immediately enhance the delivery of behavioral health services and prevention services available to respond to community violence throughout San Diego County.

ON MOTION of Jerry Hall, seconded by John Sturm, BHAB voted to support the Community Violence Services board letter on September 6th, 2018, as written.

AYES: 13 NAYS: 0 ABSTENTIONS: 0

DISCUSSION:

Q: Does this board letter involve any schools?

A: Yes, the current provider of these services works closely and collaboratively with the San Diego Unified School District.

Q: Could the programs assist victims of sexual abuse?

A: Victims of sexual abuse can utilize the services, and the County also has other resources available through public safety departments that can assist these victims as well.

IX. ACTION ITEM: APPOINTMENT OF THE NOMINATING COMMITTEE

Jenifer Mendel, BHAB Chair

The Chair appointed the nominating committee for the 2019 executive board to include: Judith Yates, Che Hernandez, and Michael Matthews.

ON MOTION of Phil Deming, seconded by John Sturm, BHAB approved the Chair's Appointment of the Nominating Committee on September 6th, 2018.

AYES: 13 NAYS: 0 ABSTENTIONS: 0

X. INFORMATIONAL ITEM: REVENUE FOR HOMELESS MENTAL HEALTH OUTREACH BOARD LETTER

Susan Bower, Assistant Director, Integrative Services, HHSA

Susan Bower came before BHAB to discuss the Revenue for Homeless Mental Health Outreach Board Letter which allows the County to apply for state funding for shelter, emergency housing, and outreach to people who are homeless and have a mental illness. The funding requires counties to take actions to be eligible including adopting a resolution to provide outreach to people with a mental illness and declare a shelter crisis in the region.

DISCUSSION:

Q: What is a shelter crisis?

A: A shelter crisis is a designation in response to a lack of housing. By a county or city declaring a shelter crisis, it would allow the entity to have access to emergency shelter funding.

Q: How and when would a city issue a shelter crisis declaration?

A: The city would file through their governing body and would decide when to file.

XI. PRESENTATION: DRUG MEDI-CAL ORGANIZED DELIVERY SYSTEM (DMC-ODS) UPDATE

Dr. Nicole Esposito, Medical Director, Behavioral Health Services

Angela Rowe, Chair, Alcohol and Drug Service Providers Association

Tabatha Lang, Chief – Quality Improvement, Behavioral Health Services

Dr. Nicole Esposito, Angela Rowe, and Tabatha Lang came before BHAB to discuss the initial data from the implementation of the Drug Medi-Cal Organized Delivery System (DMC-ODS) in July 2018. They discussed the current status of DMC-ODS, challenges and successes from the provider perspective, and displayed samples of the new dashboard and data elements to BHAB.

DISCUSSION:

Q: Do the data elements in DMC-ODS track opioid cases?

A: In the data, opioid cases are captured and grouped within other categories. The information is coded in response to parameters set by California's Department of Health Care Services.

Q: Could the new system track relapses during or after treatment?

A: The County is moving toward an electronic database which would be able to track this information, but not currently.

XII. DIRECTOR'S REPORT

Alfredo Aguirre, Director, Behavioral Health Services

- Alfredo Aguirre announced his retirement effective March 2019. He will be working with HHSA leadership for a smooth transition to a new Director.

- The annual MHSA Community Forum dates will be forthcoming in October. They will include forums with a focus on Transition Age Youth (TAY), Substance Use Disorder prevention (SUD), crisis services and school community violence.
- September is Recovery Month and the County is hosting the Recovery Happens event on September 15th at Liberty Station. The event is free and open to the public.
- The BHAB Retreat will be held on October 6th at the BHS Administration Headquarters in Mission Valley.

XIII. CHAIRPERSON'S REPORT

Jenifer Mendel, Chair

- If any BHAB member is interested in being considered by the nominating committee to become an executive board member, please contact Ben Parmentier or a member of the committee.

XIV. ADVOCATE REPORTING

None

XV. BOARD MEMBER COLLABORATION:

None

XVI. MEETING ADJOURNMENT

ON MOTION of John Sturm, seconded by Bill Stewart, the meeting adjourned at 5:04 p.m.

AYES: 11 NAYS: 0 ABSTENTIONS: 0

Brown Act Procedure: *As required by California Government Code 54950 et seq. (Ralph M. Brown Act), a copy of the packet of information that was mailed to Behavioral Health Advisory Board members at the point of posting of this agenda has been placed at the reception desk at 3255 Camino Del Rio South, San Diego, CA 92108, for public inspection, and is available at the site of the meeting for public inspection. Members of the public wanting their own copy of the advance materials may request them under Government Code 6250 et seq. (Public Records Act) and receive them on payment of copying charges of \$0.20/page, and actual mailing charges, if mailing of the material is requested. If you are planning to attend and need special accommodations, you must call Jackson Alexander at (858) 505-6521, at least three days in advance of the meeting.*